

Ages 6-10

Primary (Classes 1 to 5)

Children now walk short distances with siblings or friends. Focus on pedestrian rules, safe school zones, and being visible. Use stories, quizzes and demonstrations rather than lectures.

INSIDE THIS PACK

- 5 ready-to-teach lesson plans
- 2 printable activity sheets
- A take-home letter and pledge card for parents
- Teacher notes and a term planner

Lesson plans 1

LESSON 1 - 35 TO 40 MINUTES

Using the zebra crossing

Where and when to cross, making eye contact with drivers, and why running across a road is never safe - even at a crossing.

- Discussion (5 min): where do you cross on the way to school?
- Activity (20 min): marked crossing practice in the school compound.
- Close (10 min): the three-second eye contact rule.

LESSON 2 - 35 TO 40 MINUTES

Footpaths are for walking

Walk on the footpath; where there is none, walk on the right side facing oncoming traffic. Never play on or beside the road.

- Show photographs of a footpath, a broken footpath and no footpath.
- Activity: students mark the safe walking side on a street map.
- Close: one rule to repeat - face the traffic when there is no footpath.

LESSON 3 - 35 TO 40 MINUTES

The safe school bus

Queue calmly, stay seated, never put hands or head out of the window, and cross in front of the bus only after it moves off.

- Role-play boarding and alighting in a line of chairs.
- Discuss the danger zone around a large vehicle.
- Close: the bus captain duty rotates weekly.

LESSON 4 - 35 TO 40 MINUTES

Be seen, be safe

Bright colours by day, reflective strips at night. Why drivers cannot always see a small child near a big vehicle.

- Demonstration: reflective strip under a torch in a darkened room.
- Activity: design a bright, visible school bag tag.
- Close: check your bag and cycle for reflectors tonight.

LESSON 5 - 35 TO 40 MINUTES

Two-wheeler pillion rules

Every child riding pillion needs a properly fitting helmet - and it is okay to remind parents to wear theirs.

- Helmet fit demonstration with a real helmet.
- Activity: the two-finger gap and strap check.
- Close: take home the helmet reminder slip.

Sheet 1 - Label the road signs

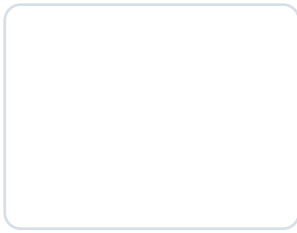
FOR THE TEACHER

Students write the meaning under each sign. Use the Suraksha Road Signs deck on the website for the visuals.

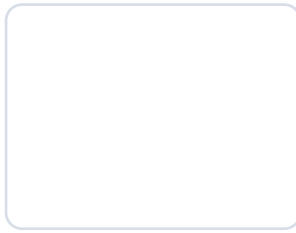
Name: _____ Class: _____ Date: _____

1 Draw and name four signs you see near school

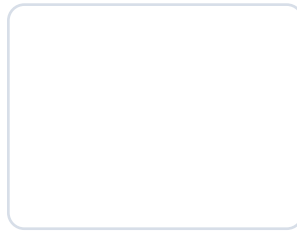
Draw each sign in the box and write its name below. Think about the signs on your route to school.



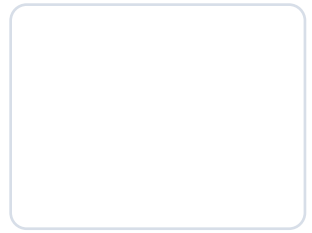
Sign 1



Sign 2



Sign 3



Sign 4

2 What does each one tell you to do?

Write one line for each sign you drew, explaining what a driver or a walker must do.

3 Safe or unsafe?

Tick only the safe actions.

- ☐ Crossing at the zebra crossing after looking both ways.
- ☐ Running across the road because the bus is coming.
- ☐ Walking on the footpath in single file.
- ☐ Playing cricket on the lane beside the road.
- ☐ Wearing a helmet as a pillion rider.

Sheet 2 - My safe route to school

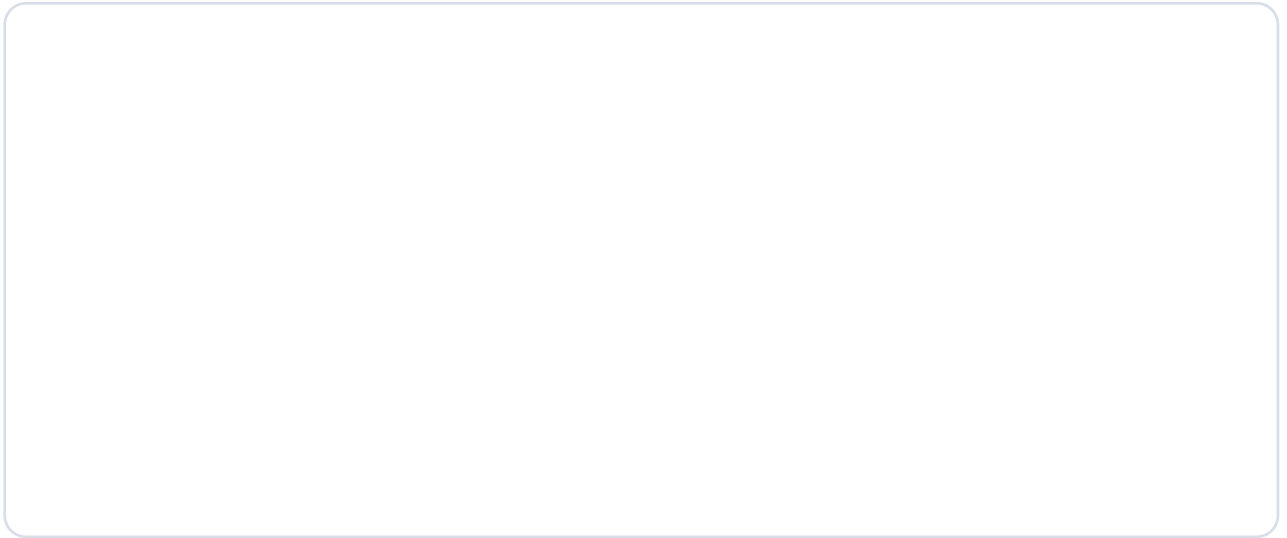
FOR THE TEACHER

Pair this with a walking audit if your school compound allows it. Collect the maps for a classroom display.

Name: _____ Class: _____ Date: _____

1 Draw your route

Draw the road between your home and your school. Mark the signals, zebra crossings, footpaths and the places that feel unsafe.



2 Name two unsafe spots and why

Write where they are and what makes them risky - a missing footpath, parked vehicles, speeding traffic or a blind turn.

3 My weekly safety check

Tick a box each day you did all of these.

- ☐ I walked on the footpath.
- ☐ I crossed only at the crossing.
- ☐ I wore my helmet as a pillion rider.
- ☐ I wore a seat belt in the car.
- ☐ I reminded a family member to be safe.

A note for parents

Dear parent or guardian, your child is now learning to walk short distances and travel to school with others. This term they studied crossing at a zebra crossing, walking on footpaths, school bus safety, being visible to drivers, and helmet rules for pillion riders. Children repeat what they see at home, so your daily routine is the strongest lesson they will get.

Five things to do at home this month

- 1 Walk your child's route to school once and agree together on the safest crossing points.
- 2 Buy and use a correctly sized child helmet for every two-wheeler ride. A loose adult helmet is not protection.
- 3 Insist on a seat belt in every car seat, including the rear, and never let a child travel in the front seat.
- 4 Add a reflective strip or bright tag to the school bag for early morning and evening travel.
- 5 Let your child correct you. If they say slow down or put the phone away, thank them and do it.

CUT ALONG THE DOTTED LINE - BRING BACK TO SCHOOL

Our family takes the Suraksha Pledge

We promise to cross only at crossings, to walk facing traffic where there is no footpath, to wear helmets and seat belts on every trip, and to remind each other kindly when we forget.

Child's name and class

Parent or guardian signature

Term planner and teacher notes

MONTH	LESSON OR ACTIVITY	TAKE-HOME HABIT
June	Lesson 1 - Zebra crossing	Practise crossing with an adult
July	Lesson 2 - Footpaths	Walk facing traffic
August	Lesson 3 - School bus safety	Bus captain duty starts
September	Sheet 1 - Label the signs	Spot five signs on the way home
October	Lesson 4 - Be seen, be safe	Add a reflector to the bag
November	Sheet 2 - Safe route map	Family route walk
December	Lesson 5 - Pillion rules	Helmet fit check at home
January	Road Safety Week quiz	Family pledge card

Notes for the teacher

- One lesson a month is enough. Short, repeated sessions beat a single long workshop.
- Use real photographs of streets near your school rather than generic illustrations.
- Invite a Suraksha volunteer for the helmet demonstration - a real helmet makes the lesson memorable.
- Display the safe route maps in the corridor; parents notice them at pick-up time.

Bring a Suraksha volunteer to your school

Schools can request a volunteer-led session, placard kits and the School Road Safety program at no cost. Write to contactus@surakshaindia.org or visit surakshaindia.org/partner with your class strength and preferred dates.